







Beverages

16 oz Fountain Soda	\$1.50
22 oz Fountain Soda	2.00
 Small Coffee	1.50
 Medium Coffee	1.75
Assorted Juice	2.50
Gatorade	2.25
 Aquafina Water	1.75
Milk – white & chocolate	1.00/1.50
Small Hot Chocolate/Cappuccino	1.50
Medium Hot Chocolate/Cappuccino	1.75
 Hot Tea	1.50
Hot Spiced Cider	1.50
Lineman's Wine (varieties)	5.00
Bud Light	3.50
Labatt	3.75
Michelob Ultra	3.75
Heineken	5.00

Sandwiches & More

Ridge Runner	\$5.00
<i>Shaved smoked turkey, sharp cheddar cheese, lettuce, tomato and Hellman's mayonnaise on a homemade sunflower-wheat roll</i>	
Italian Grinder	5.00
<i>Shaved deli ham, Genoa salami, provolone cheese, pepperoncini, spicy giardiniera, lettuce, tomato, red onion and Hellman's mayonnaise on a homemade sunflower-wheat roll</i>	
Roast Beef & Smoked Cheddar	5.00
<i>Shaved roast beef, smoked cheddar cheese, caramelized onions, horseradish mayonnaise, lettuce and tomato on a homemade sunflower-wheat roll</i>	
Tuna & Dilled Havarti	5.00
<i>Albacore tuna and celery salad with dilled havarti, lettuce and tomato on a homemade sunflower-wheat roll</i>	
Nacho/Taco Bar	.49 per ounce
Baked Potato Bar (includes 1 potato)	3.95
Chili Upgrade for Potato Bar	.75




Outdoor BBQ

Hamburger	\$3.50
Cheeseburger	3.75
Chicken Sandwich	5.00
Hot Dog	2.75
Brats	3.25

Soup & Salads

Chili	\$4.25
Soup du Jour	3.50
 Salad Bar	.49 per ounce

Snacks

 Yogurt Parfait	\$3.25
 Yogurt	1.50
 Whole Fruit	1.25
Nature Valley Granola Bars	1.50
Chips	1.25
Candy Bars	1.50
Skittles & Starburst	1.50
Crystal Crispie	2.50
Colossal Chocolate Chip Cookie	1.50
Small Popcorn	.50
Large Popcorn	1.00



To help you celebrate an opportunity to relax and renew, we've created our Peak Performance items - focusing on natural ingredients, seasonal flavors and leaner portion sizes reflecting the recommended balance of proteins, starches, fruits and vegetables. Sit back, relax, and reward yourself with Crystal's take on healthier eating.